

Revised 09/17/25

PRE-SEASON COACHES' & OFFICIALS' MEETING:

	START DATE	October 27, 2025	Intermediate				
		November 10, 2025	JV/ Varsity				
PRE-SEASON COACHES' & OFFICIALS' MEETING: MON, 10/20/25 6:00pm via WEBEX							
Day	Date	Level	Type	Event	Teams	Site	Time
Sat	11/15/25	INT	Swim	ILH INT Meet #1	All	Punahou	1:00 PM
Thu	11/20/25	INT	Swim	ILH INT Meet #2	All	KS-Kapālāma	5:00 PM
Sat	11/22/25	INT	Dive	ILH Dive Meet #1	All	Punahou	1:00 PM
Tue	11/25/25	INT	Swim	ILH INT Meet #3	All	Iolani	5:00 PM
Sat	11/29/25	ALL	Dive	ILH Dive Meet #2	All	KS-Kapālāma	9:00 AM
Wed	12/03/25	INT	Swim	ILH INT Meet #4	All	KS-Kapālāma	5:00 PM
Fri	12/05/25	JV & VAR	Swim	ILH JV/VAR Meet #1	All	Punahou	5:00 PM
Sat	12/06/25	JV & VAR	Swim	Bulldog Invitational*	By Invitation	Le Jardin	12:30 PM
Sat	12/06/25	ALL	Dive	ILH Dive Meet #3	All	Iolani	3:00 PM
Fri	12/12/25	JV & VAR	Swim	ILH JV/VAR Meet #2	All	Punahou	5:00 PM
Sat	12/13/25	INT	Swim	ILH INT Meet #5	All	Punahou	1:00 PM
Sat	12/13/25	ALL	Dive	ILH Dive Meet #4	All	Iolani	3:00 PM
Thu	12/18/25	INT	Swim	ILH INT Championships	All	Punahou	5:00 PM
Thu	12/18/25	INT	Dive	ILH INT Championships	All	KS-Kapālāma	5:00 PM
Fri	12/19/25	JV & VAR	Swim	Alex Waterhouse Invitational*	All	Punahou	5:00 PM
Sat	12/20/25	JV & VAR	Swim	Alex Waterhouse Invitational*	All	Punahou	1:00 PM
Fri	01/09/26	JV & VAR	Swim	ILH JV/Var Meet #3	All	Punahou	5:00 PM
Fri	01/16/26	JV & VAR	Dive	ILH Dive Meet #5	All	Punahou	5:00 PM
Fri	01/16/26	JV & VAR	Swim	ILH JV/VAR Meet #4	All	Iolani	5:00 PM
Sat	01/17/26	JV & VAR	Dive	Serai Invitational*	All	Punahou	2:00 PM
Wed	01/21/26	JV	Swim	ILH JV Championships	All	KS-Kapālāma	5:00 PM
Wed	01/21/26	JV	Dive	ILH JV Championships	All	Iolani	5:00 PM
Sat	1/24/26	VAR	Swim	ILH VAR Meet #1	All	KS-Kapālāma	5:00 PM
Fri	1/30/26	VAR	Swim	ILH VAR Championship - Trials	All	Iolani	5:00 PM
Sat	1/31/26	VAR	Swim	ILH VAR Championship - Finals	All	Iolani	4:00 PM
Sat	1/31/26	VAR	Dive	ILH Dive Championships	All	Punahou	2:00 PM
Sat	2/7/26	VAR	Dive	Last Chance Dive Meet	All (limited entries)	KS-Kapālāma	9:00 AM
Fri	2/13/26	VAR	Swim/Dive	HHSAA Championships (Trials)*	4 Qualified Entries/School	KS - Big Island	TBD
Sat	2/14/26	VAR	Swim/Dive	HHSAA Championships (Finals)*	As Advance	KS - Big Island	TBD
*non ILH event							